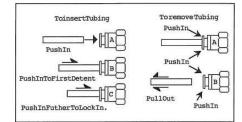
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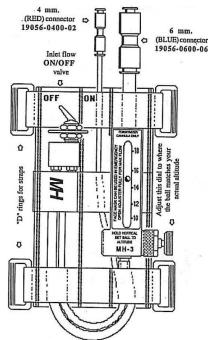
## **MH-3 Breathing Station**

Follow these simple steps to quickly use the XCR System.

- 1. Connect the holster & regulator and turn on the main cylinder valve.
- 2. Turn on the black on/off toggle valve on the control holster.
- 3. Hold the flow meter near vertical and adjust the needle valve so the ball is at the 12 mark (12,000 ft.) on the left hand scale.
- 4. Turn off the black on/off toggle valve on the control holster.
- 5. Turn on the valve as required once you reach altitude.
- 6. Remove the cannula and install the mask if over 18,000 ft. Re-adjust the flow for the proper altitude using the right hand scale.

Cleaned for oxygen use per MH ESR-008







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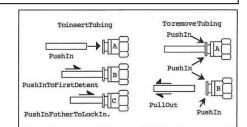
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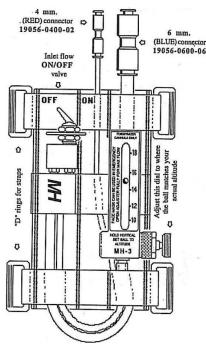
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